



COMMUNITY PROFILE Kingston-Galloway-Orton Park 2018

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## **Executive summary**

This report is designed to capture a snapshot of the people and organizations in the East Scarborough community of Kingston Galloway/Orton Park (KGO), what they perceive to be the community's strengths and deficits and the plans and strategies they are focusing on in early 2018.

The data was gathered from a variety of sources, including census data, surveys and summaries from recent consultations and local research.

The following is a summary of the information found in the body of this report:

## KGO strengths:

- · Resident leadership
- Networked organizations
- · Focus on youth
- Facilitated learning, sharing, communication and strategizing processes
- Indigenous led/focused programs and services
- Capacity to facilitate connections and host service delivery from dozens of organizations located outside of KGO

## Issues that are the focus of local initiatives:

- strengthening programs and services for children, youth, and families in the KGO community
- Improving community health and wellness (focus on advocating for increased mental health services)
- strategically focusing on literacy, education and employment
- Increasing training (leadership and skills building relevant to jobs)

# Focus of efforts underway to improve how the community players work together:

- Increasing organizational capacity to provide timely and appropriate resources and service
- Finding ways to be guided by resident voice and to honour community members
- Exploring opportunities to leverage each other's strengths and work collaboratively
- Increasing resident/youth voice on local issues
- Accessing and animating community spaces

# Deficits identified in resident consultations and research

- Transit (accessibility, reliability and cost)
- Access to decent work
- Low literacy rates
- Lack of funding for programs and services
- Cost/quality of housing
- · Lack flexibility and customization of services
- Residents' ability to influence local planning decisions
- Lack of civic spaces (gathering, planning, events)

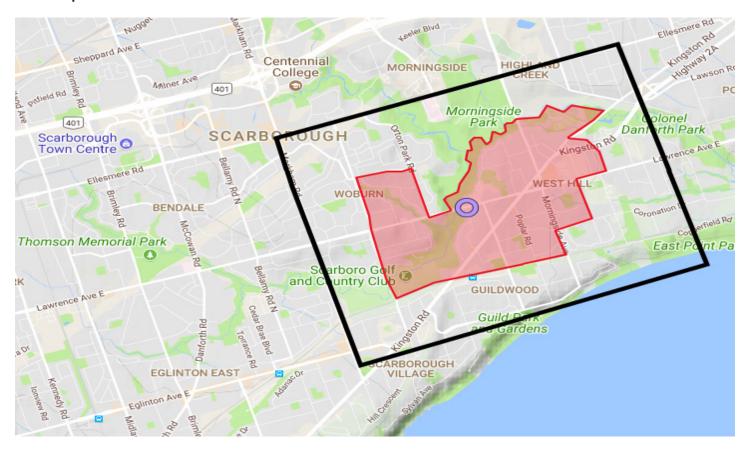
## **METHODOLOGY**

This is a by the community, for the community report and primarily based of existing data and available information. The data was compiled through conversations and surveys (see Appendix A) with organizations, networks, and resident-lead initiatives in the KGO community. The KGO demographic information is assembled by considering the five geographic codes (5350359.00, 5350364.01, 5350358.03, 5350358.02, 5350357.02). These geographic codes are census tracts from Statistics Canada that make up the KGO boundaries. The report was conducted by The East Scarborough Storefront and the Centre for Connected Communities. Its purpose is to share knowledge, to identify themes and gaps in local planning.

The Kingston-Galloway-Orton Park (KGO) neighborhood boundaries are defined as Markham Road on the West, Manse Road on the East, and Eglinton Avenue East on the South.

# SECTION A: 2016 Statistics Canada - Custom Neighborhood Profile

## KGO Map with 1.5km buffer



Note: Because residents define their community in ways that do not adhere to formal boundaries, the local Cross Community Organizing team developed a way of thinking about boundaries as being porous. The 1.5km buffer allows for flexibility when thinking about the "community".



## **KGO Demographics:**

2016 Statistics Canada - Custom Neighborhood profile			
		Total Average of KGO (including 1km buffer)	vs Toronto
Population	Population	5,312.83	2,731,571
	% Growth (2011 vs 2016)	2.57	4.5
	Male	2,519.17	N/A
	Female	2,793.33	N/A
Age	Average Age	39.83	40.6
	Children (0-14)	915.83	398,135
	Children %	17.24%	14.58%
	Youth (15-29)	1,113.33	573,220
	Youth %	20.96	20.98%
	Adults (15-64)	3,539.17	1,906,495
	Adult %	66.62%	69.79%
	Seniors (65+)	817.50	426,945
	Seniors %	15.39%	15.63%
Income	Median Individual Income	23,547.83	\$30,089.00
	Median Household Income	52,929.00	\$65,829.00
	% of Low Income	28.45%	20.20%
Education	Post-Secondary certificate, diploma or degree	47.62%	59.11%
	Degree	19.18%	36.40%
	Diploma	20.43%	15.78%
	Trades	5.48%	2.31%
Employment	Unemployment Rate	12.51%	8.2
	Work travel time <15 mins	10.78%	5.97%
	Work Travel time >45min	43.10%	30.73%
Immigration	% Population of immigrants	50.54%	47.03%
	% of Recent newcomers (Last 5 years)	5.91%	6.98%
	Visible Minority	69.59%	50.67%
Housing	% Living in apartments	39.30%	44.32%
	% Renting	45.58%	66.50%
	% of Single Occupant Households	26.85%	32.34%
	% of Lone Parent Households	32.76%	21.23%

Source: Statistics Canada, 2016

The Top 8 mother-tongue languages (in order) spoken in KGO are as follows (see appendix D for census tract and ranking):

- 1. English (17, 815)
- 2. Tamil (1695)
- 3. Tagalog (1475)
- 4. Bengali (730)
- 5. Gujarati (455)
- 6. Urdu (360)
- 7. Persian (350)
- 8. Spanish (80)

The Top 8 mother-tongue languages (in order) spoken in Toronto are as follows:

- 1. English
- 2. Cantonese
- 3. Mandarin
- 4. Tagalog
- 5. Spanish
- 6. Italian
- 7. Portuguese
- 8. Persian

# SECTION B: Main Organizations in KGO

The main organizations in KGO include those that are physically located within the KGO boundaries. **Summary of local organizational plans and aspirations:** 

Strong planning themes in the community include:

- · strengthening programs and services for children, youth, and families in the KGO community
- Improving community health and wellness
- · strategically focusing on education and employment
- · Improving housing conditions
- Increasing organizational capacity to provide timely and appropriate resources and service.
- · Finding ways to be guided by resident voice and to honour community members
- Exploring opportunities to leverage each other's strengths and work collaboratively

Organization	Purpose			
Children, Youth and Families				
East Scarborough Boys and Girls Club	To be a trusted partner building successful families in our community by providing a safe, supportive place where children and youth and families experience new opportunities, overcome barriers, develop positive relationships and build confidence and skills of life.			
Native Child and Family Services of Toronto	Native Child and Family Services of Toronto (NCFST) strives to provide for a life of quality, well-being and healing for our children and families in the Toronto Native Community. It does this by creating a service model that is culture-based respecting the values of Native people, the extended family, and the right to self-determination.			
East Metro Youth Services	East Metro Youth Services continuously strive to engage youth and young adults in reaching their personal best through:			
	<ul> <li>Enhancing their mental health.</li> <li>Investing in their future potential.</li> <li>Innovative collaboration with our diverse families, communities and service partners.</li> </ul>			
	Community Backbone Organization			
East Scarborough Storefront	The Storefront facilitates collaboration, builds community, and supports people to learn and create together, to live healthy lives, to find meaningful work, to play and thrive.			
	Health			
Scarborough Centre Healthy Communities	SCHC is dedicated to meeting the diverse, holistic health needs of the communities of Scarborough by addressing the physical, mental, social, financial and environmental aspects of their health. Through the promotion of healthy lifestyles and the delivery of a comprehensive range of culturally competent health and social services, we cultivate vital and connected communities.			
Shelter and Housing				
Toronto Community Housing	Our core mission is to provide clean, safe, well-maintained, affordable homes for residents. Through collaboration and with residents' needs at the forefront, we connect residents to services and opportunities, and help foster great neighborhoods where people can thrive.			

# SECTION C: Resident Lead Initiatives in KGO

Resident leaders and grassroots groups are very active in KGO. Their aspirations include:

- advocacy for better services and programs
- · attracting residents to take action on issues of concern
- increasing number of participants from the community get involved in food security initiatives
- Increasing active participation in sport and play
- Increasing community stewardship and participation community clean-up
- · holding youth leadership training programs,
- Increasing resident voice in local issues
- Accessing and animating community spaces
- designing a community wide influence structure that allows young people to have a greater say in how decisions that affect them are made.
- creating a central place for local youth, change makers, and policy makers to connect to youth voice, making youth an integral part of decisions that affect their community and essentially, their lives.

Resident Lead Initiative	Purpose		
Advocacy			
Residence Rising	Residence Rising exists to engage local residents in KGO to identify and take action on matters that make their community better and also advocate for better services and programs for residents in the KGO community.		
Literacy and Education			
The Reading Partnership	To empower parents to share and lead in teaching their children to read while working collaboratively with families and community partners to promote literacy in KGO.		
KGO Adult Literacy Program	The mission of the KGO Adult Literacy Program is to assist adults in the Kingston-Galloway-Orton Park community with their literacy and numeracy skills so they are empowered to increase their social, personal and economic capacities, explore new opportunities and initiate change.		
Spotlight on Literacy	The purpose of the forum is to:  • Increase the sense of community felt between families, youth, school staff, local organizations, and others living/working in KGO		
	Bring community stakeholders together to explore issues related to literacy and co-create change     Connect residents to local information, services, resources and supports		



Resident Lead Initiative	Purpose		
	Sports and Recreation for Children and Youth		
The KGO Working Committee	Providing a safe space for youth to voice and engage in decision making for a thriving community		
KGO Kicks	To create an opportunity for children to engage in meaningful sport and recreational activities to promote their health well-being and leadership capacities.		
	The initiative also aims at enhancing connections among children and their parents to break social isolation especially among newcomers to Canada.		
4010 Youth Soccer team	To create an opportunity for youth to engage in meaningful sport and recreational activities to promote their health well-being and leadership capacities.		
	The initiative also aims at enhancing connections among youth and their parents to break social isolation especially among newcomers to Canada.		
laying for Keeps Ambassadors  To animate community spaces for active play through the engagement of resident leaders organize neighborhood games			
	To promote a culture where residents use play as a strategy to engage with each other while having fun.		
	P4K also allows resident leaders to enhance their leadership and event planning skills.		
Healthy Living through Art	Purpose: The purpose of this project is to engage the youth and children of the Kingston Galloway Orton Park neighborhood by introducing a cost- free Visual Arts program as well as using art as a reinforcing tool to promote physical health and also connecting them to their own communities through Arts.		
Art Fusion	Art Fusion's mandate and purpose is to provide a platform for youth to		
	<ul> <li>Increase youth art engagement and technical skills through arts mentorship</li> <li>Increase opportunities for youth to organize and lead in an arts setting</li> <li>Increase opportunities for youth civic engagement and participation in their communities</li> </ul>		
Food Security			
P3 - Planting, Preparing and Preserving	Our purpose is to teach and share new skills such as baking, jams, pickles and gardening and how these skills can have an impact on poverty reduction. We wish to help community members respect one another, build self-esteem and therefore live with dignity and purpose.		



## **SECTION D: NETWORKS IN KGO**

KGO is a well networked community each of which reviews their a ongoing basis, taking into account new developments and occurrences in the neighborhood. Current priorities include:

- improving outreach and communication systems among local organizations
- · conducting a space audit in the community
- creating a centralized online space to share community wide data
- · Advocating and supporting transit development,
- Integrating systems multidisciplinary service delivery with a focus on mental health
- Designing collaborative approaches to employment supports and workforce development pathways
- Introducing local, accessible skills upgrading/training relevant to local jobs.
- Improving literacy among children and their families

Network	Purpose		
Advocacy and Civic Engagement			
Cross Community Organizing	The purpose of the KGO Cross Community Organizing group (CCO) is to:		
	a. Collectively use our understanding of the KGO "eco-system" (appendix A) to increase its potential to support the residents of KGO.		
	b. Develop a KGO collective voice in which residents' aspirations and needs are at the forefront.		
	c. Act strategically with a focus on enhancing neighborhood processes and the linkages between and among the various systems that affect the lives of people in KGO.		
Scarborough Community Renewal Organization (SCRO)**	SCRO is committed to working collaboratively, through advocacy and action, to connect, promote and renew Scarborough.		
Scarborough Civic Action Network**	SCAN is able to do this work through 3 main areas:		
	Provide learning, skills training and mentoring opportunities for residents around civic participation and community organizing;		
	2. Support community members for active involvement in civic activities including collaborative efforts and resident-led initiatives that would address issues affecting their communities;		
	3. Work collaboratively with a diverse stakeholder group to take action on issues important to those living in Scarborough		



Employment and Training ablished in 2015, the group meets quarterly to share information and emerging issues and ding opportunities within municipal, provincial and federal governments, master plans, ital procurement and local economic development activities.  The leaders within the sector of community employment services agencies, and monstrate the possibilities and benefits of working collaboratively in an existing service			
ding opportunities within municipal, provincial and federal governments, master plans, ital procurement and local economic development activities.  De leaders within the sector of community employment services agencies, and monstrate the possibilities and benefits of working collaboratively in an existing service			
nonstrate the possibilities and benefits of working collaboratively in an existing service			
ivery framework.			
will build upon local investment that contributes to community economic development by king with employers and collectively connecting people to sustainable local jobs.			
ouild structured service coordination activity in order to make the system more effective for community members who are seeking work.			
work on the service coordination process is done collaboratively – making decisions on process as a group, keeping everyone in the loop, and working within the principles.			
East End Trades Training Centre (EETC) project will align skills training with the employment mands in the local east Scarborough economy by providing community-based skilled trades ning that responds to local labour market demands.			
EETTC will provide direct exposure and experience to career paths in the skilled trades commonly understood. The centre will not only ensure training in relevant skills and npetencies but also accessible training as there are no trades training facilities in this part of onto.			
Literacy and Education			
o organize, coordinate, leverage and increase community resources and assets to address and improve literacy in the Kingston-Galloway/Orton Park community. The provide community leadership on literacy that is responsive to, and shaped by, community needs. This includes continuous identification and assessment of needs, providing support to all members of the family, organizing events and conducting research.			
Sports and Recreation			
Collaboratives exists as a forum where institution and organizations promoting sports can share wledge and leverage resources to scale the impact of sports related initiatives in East Scarborough.			
Health			
TCH Lawrence East Partnership program is a comprehensive and collaborative support service for dents who are vulnerable and have complex needs living at two Toronto Community Housing builds, 4175 and 4205 Lawrence Avenue East in Scarborough. Using a hub model of service, this position be a part of a multidisciplinary team who will work together to ensure that skill enhancement and vices are in place for residents to maintain their housing and to improve their physical, mental health, substance use challenges.			

<sup>\*\*</sup> Refers to networks outside of KGO but that connect with the community

# **SECTION E: Itinerant KGO programs and services**

This section includes organizations that do not have physical offices in the KGO boundaries but provide programs and services to the KGO community primarily through The Storefront's Service Delivery Hub. The purpose of Storefront's Hub is to provide opportunities for organizations outside of KGO to bring programs and services to the community on an itinerant basis. Each organization is provided with free space (up to ten hours per week), connections to the community (shared outreach) and to a network of service providing agencies (cross referral and collaborative initiatives).

Organization	Mandate			
Children, Youth and Families				
City of Toronto - Parks, Forestry and Recreation	The Parks, Forestry & Recreation Division ensures that people in the diverse communities of Toronto have full and equitable access to high-calibre, locally responsive recreation programs, efficiently operated facilities, and safe, clean and beautiful parks, open spaces, ravines and forest			
Connecting Women with Scarborough Services (CWSS)	Connecting Women with Scarborough Services (CWSS), a project of Tides Canada Shared Platform, is a partnership of community agencies working together to provide a coordinated approach to address the issue of violence against women. Our mandate is to establish an effective coordination of services and provide community outreach.			
East Metro Youth Services	East Metro Youth Services continuously strive to engage youth and young adults in reaching their personal best through:			
	<ul> <li>Enhancing their mental health.</li> <li>Investing in their future potential.</li> <li>Innovative collaboration with our diverse families, communities and service partners.</li> </ul>			
Expect Theatre	Expect Theatre is dedicated to producing cutting edge, original, multi-disciplinary productions that explore modern urban life. Expect Theatre's mission is to engage, empower and inspire people through the performing arts by telling engaging narratives in a unique and compelling way. With a strong focus on youth and diversity, the company's many shows, workshops, programs, and videos have attracted international media attention and have been embraced by a wide range of audiences around the world.			
Family Day Care Services	Leading innovation in early learning, child care and family support services.			
Kennedy House Youth Services	Kennedy House works with youth to enable them to grow as individuals to contribute as members of the community. This is achieved in our residential and community based programs by providing customized support and building trusting relationships.			
Scarborough Women's Centre (SWC)	Scarborough Women's Centre delivers programs and services to promote positive change for women in a safe, inclusive and welcoming environment. The Centre empowers women to become economically and emotionally independent for future success and to strengthen their local communities, free from violence.			
IMPACT'n Communities	We will empower, develop and engage through programs, services and initiatives that generate inspirational meaningful positive actions creating transformation in communities and individual well-being.			
Community Backbone Organization				
The East Scarborough Storefront	The Storefront facilitates collaboration, builds community, and supports people to learn and create together, to live healthy lives, to find meaningful work, to play and thrive.			

Organization	Mandate				
	Employment and Financial Assistance				
Access Community Capital Fund	ACCESS Community Capital Fund provides loans and support to individuals facing economic barriers.				
Consolidated Credit Counseling Services of Canada, INC.	Credit counselling works with consumers experiencing financial stress to assess the situation and provide solutions to meet goals and promote financial stability				
Smart Saver	SmartSAVER is a non-profit community project that helps Canadian families start saving for their children's education with information on free government money and online access to get savings started.				
Toronto Employment Social Services	Toronto Employment and Social Services provides employment supports, financial benefits and social supports to people living in Toronto.				
Woodgreen Community Services	WoodGreen Community Services enhances self-sufficiency, promotes well-being and reduces poverty through innovative solutions to critical social needs.				
	Food Security				
5N2 Kitchens	To provide nourishing soups and meals to our neighbors in need.				
Seed to Table	The Mission of Seed to Table is:				
	Protecting both cultivated and natural biodiversity which are the foundation of local lives and livelihoods.				
	2. Improving food sovereignty, and reducing food insecurity, especially at household and community level.				
	3. Branding and marketing of local farm and forest produce to strengthen and diversify livelihood options.				
	4. Supporting the emergence and development of leaders for the next generation from among local youth.				
	5. Enabling the documentation of local traditions and wisdom, farming systems and technology, plant and animal diversity and their utilization and the systematic storage and dissemination of this knowledge among present and future generations.				
	6. Creating opportunities for people to build mutual trust and cooperation through participatory learning, action and reflection.				
	7. Sharing information on problems of agriculture, food, and local areas with people in other countries to cooperate in solving problems				
	Health				
Anishnawbe Health Toronto	To improve the health and well-being of Aboriginal People in spirit, mind, emotion and body by providing Traditional Healing within a multi-disciplinary health care model.				
Community Living Toronto	Community Living Toronto changes the lives of people with an intellectual disability by giving them a voice and supporting their choices where they live, learn, work, and play.				
Epilepsy Toronto	Epilepsy Toronto is the place where Torontonians living with epilepsy can learn more about their condition, get the help they need and be a part of a family of caring and supporting people.				
Family Association with Mental Health Everywhere (FAME)	Our mission is to facilitate the development of resilience in families living with mental illness by providing support, education, coping skills and self-care strategies. To advocate for the family perspective on mental health issues in our community				

Organization	Mandate		
Health			
Ontario Disability Support Program	If you have a disability and need help with your living expenses, you may be eligible for the Ontario Disability Support Program (ODSP).		
	ODSP offers:		
	Financial assistance to help you and your family with essential living expenses     Benefits, for you and your family, including prescription drugs and vision care     Help finding and keeping a job, and advancing your career		
PINES Adult Day Centre	Our mission is to support individuals with special needs to achieve their full potential in a safe, enriching environment, promoting independence, creativity and socialization.		
Scarborough Centre for Healthy Communities (SCHC)	SCHC is dedicated to meeting the diverse, holistic health needs of the communities of Scarborough by addressing the physical, mental, social, financial and environmental aspects of their health. Through the promotion of healthy lifestyles and the delivery of a comprehensive range of culturally competent health and social services, we cultivate vital and connected communities.		
Toronto Public Health	Toronto Public Health strives to reduce health inequities and improve the health of the whole population		
	Legal Services		
Elizabeth Fry Toronto	We support women who are, have been, or are at risk of being in conflict with the law.		
ID Clinic: PAID Neighborhood Link	The Paid Project is city-wide and helps vulnerable people get the identification they need to access health care, sources of income such as pensions, and other services. Through regularly scheduled clinics throughout the city, PAID program works to help individuals who do not have a permanent address.		
	ID Workers can only assist clients with the following documents:		
	Birth Registration     Canadian Birth Certificate – wallet size     Verification of Status – replacements (formerly known as Record of Landing)     Ontario Health Card, if person does not have an address and ID		
South Asian Legal Clinic of Ontario (SALCO)  SALCO's mandate is to provide access to justice for low-income South Asians i Greater Toronto area. As a specialty clinic funded by Legal Aid Ontario, SALCO padvice, brief services and/or legal representation in various areas of poverty la			
	Literacy and Education		
TDSB - Adult Literacy "Essential Skills Upgrading Program"	Essential Skills Upgrading is a non-credit, adult program that helps clients improve their reading, writing, and math skills, as well as their employability and workplace skills.		
	The program is for individuals who:		
	<ul> <li>speak English</li> <li>want to upgrade their skills to prepare for high school, college, apprenticeship or certificate programs or employment</li> <li>are goal-oriented and want to gain self confidence</li> </ul>		
University of Toronto Scarborough - Recruitment Department	The University of Toronto Scarborough Admissions & Student Recruitment Office supports future students throughout the application process. From community outreach to school visits to on-campus events, the team is able to provide information and service to anyone interested in finding out how to become a U of T Scarborough student. (department specific but don't really have a specific mission statement)		

Organization	Mandate			
	Settlement Assistance			
Access Alliance Multicultural Health & Community Services	Access Alliance provides services and addresses system inequities to improve health outcomes for the most vulnerable immigrants, refugees, and their communities.			
Afghan Women's Organization	AWO works with refugees and immigrants, particularly those who have experienced wars and persecution, with a special focus on women and their families. Its mission is to improve their quality of life and to promote their social and economic inclusion in order to enable them to become contributing members of society and to live in dignity.			
Catholic Crosscultural Services	CCS provides services that assist in the settlement and integration of immigrants and refugees.			
Centre Francophone of Toronto	The Centre francophone de Toronto supports the full development of the GTA Francophone community in all its diversity.			
Culture Link	CultureLink is dedicated to facilitating the active participation and integration of newcomers and the broader community, recognizing the interdependence of these groups in our society.			
Settlement Assistance and Family Support Services (SAFSS)	The Mission of SAFSS is "to assist, educate and empower newcomers, women, seniors, youth, children and families in their integration process to improve their health and quality of life, realize their fullest potential and become contributing members of the Canadian society".			
	Shelter and Housing			
Fred Victor	Our mission is to improve the health, income and housing stability of people experiencing poverty and homelessness.			
Healthy Living through Art	We are a free visual arts program for children and youth operating out of Kingston Galloway Orton Park in East Scarborough. We believe art is integral to the human experience and health. We are committed to increasing access to the arts so that children and youth may lead stimulated, creative and connected lives.			
La Maison - Francophone Women's Shelter	To provide a safe environment for Francophone women in all their diversity, with or without children, who are struggling with domestic and family violence in order to support them in the recovery of their autonomy. The House is also involved in social strategies aimed at reducing women's vulnerability and asserting their rights.			
Native Child and Family Services of Toronto	Native Child and Family Services of Toronto (NCFST) strives to provide for a life of quality, well-being and healing for our children and families in the Toronto Native Community. It does this by creating a service model that is culture-based respecting the values of Native people, the extended family, and the right to self-determination.			
Scarborough Housing Help Centre	Scarborough Housing Help Centre recognizes that each individual deserves safe, secure and affordable housing. We provide a holistic approach to combating the issues that result in homelessness. Dedicated to the principles of fairness and compassion, we seek to promote self-sufficiency and equitable access to community resources.			

# SECTION F: Community Consultation Summaries

A number of KGO community consultations have been documented in the past few years. The following is a summary for multiple reports addressing key recommendations and priorities for the improvement of the KGO community. Key themes include a need for:

- Improved transit (cost and accessibility)
- Increased good, local jobs and job relevant training
- Increased resident influence on planning in the community
- Improved awareness of the programs and services available
- Increase flexibility of programs and services (hours and customization)
- · Improved low income housing
- Increased funding for services, programs and resident led initiatives.

## **Poverty Reduction Consultation Summary**

The Poverty Reduction Consultation consisted of data collection to outline poverty issues for the purpose of reducing poverty and improving the economic wellbeing of the KGO community. There were six key themes discussed.

- Access to Services: Increase awareness of available services Better and easier navigation of services and communication between agencies. Increase the availability of afterschool and recreational programs for youth and children.
- **Child Care:** Flexible hours for child care services as needed, as well as emergency child care services are significantly required in the community as many parents may not have friends or family members to assist with child care.
- Health Care: Extend health care access for low-income Torontonians (dental, eye, and medications).
- Employment and Income: Create a more supportive, flexible, supports.
- Housing/ Shelter: Access to affordable housing and more 24-hour shelters and drop-ins that offer community and health supports throughout this city is required.
- **Transportation:** Easy access to affordable transportation and frequent and reliable bus time and expand routes (ie. provide free transit for seniors and community buses).
- Food Access: Access to more fresh foods at food banks and more food banks within a walking distance.

## St. Mark's United Church Community Round Table Summary

Over 40 people attended the community round table, including representatives from a cross-section of community agencies serving the KGO neighborhood around St. Mark's United Church as well as members of the church and neighboring churches. The main challenges discussed were:

- Access to Services: Increase awareness of available resources and services in the community
- **Funding:** Lack of funding for sustainable services and resources
- Space: Lack of adequate space to provide services
- **Transportation:** Improvements in transportation services are needed for the benefit of community members (ie. costs, distance from bus stop to bus stop, the time-length for bus arrivals)
- **Economic challenges**: High youth unemployment rate, low-income families, single parent families who have financial instability.

## KGO ACT Year 2 Report (2016, 2017)

The purpose of this report was to gain a greater understanding of the outcomes and experiences of youth in KGO. KGO ACT is a neighbourhood wide project that supports service delivery organizations to increase their capacity to effectively engage youth. To do this, KGO ACT focuses on increasing meaningful opportunities for youth to engage in and influence the programs, services, and opportunities that affect their lives. Data was collected from 1% of the KGO Population (280 surveys). The results were compared to an aggregate sample that was collected through the Sharing Our Stories website that collects Canada-wide data on youth engagement operated by the Students Commission of Canada.

## Findings include:

- Youth involved in the KGO ACT initiative prefer to access information about the neighbourhood from staff working in the community and through in-person visits to organizations, rather than electronically as it is widely believed to be the trend.
- Residents in general are accessing resources on opportunities via KGO updates (a local electronic newsletter), the Morningside Library, Facebook, and public bulletin boards in their apartment/housing complexes.
- On average youth involved in the KGO ACT reported that youth voice was valued in decision making, in comparison to the sample
- Youth involved in KGO ACT reported significantly higher community knowledge compared to the sample
- This model of engagement provides opportunities for youth to express their ideas and opinions and that the environment is
  perceived by youth as safe and welcoming.

In terms of program outcomes, the evidence indicates that participants in KGO ACT are learning about resources within their communities and developing competence in their ability to access information, support, or help within the community.

## KGO Action for Neighborhood Change Resident Action Planning

- The Action for Neighbourhood Change (ANC) Resident Action Planning, funded by the United Way, was designed to capture the priorities of resident leaders in the community (2016/2017). The priorities outlined are as follows:
- Increasing the role of residents in networks that impact employment and economic opportunities in KGO particularly, and poverty reduction efforts in general
- Increasing opportunities for residents to participate in decision-making about the availability of community space.
- Increasing opportunities to articulate and advocate around community health issues, particularly related to trends around chronic illness

## **Exploring Solutions in the Social Sector Report Summary**

The Exploring Solutions in the Social Sector project has been designed to research the barriers between people living in poverty in East Scarborough and the potential careers in the social sector. The study documents:

- The strengths and areas of challenge of people living in poverty in East Scarborough who aspire to work in the social sector
- The requirements of an entry-level workforce for social sector employers in East Scarborough
- The relevant skills development and training opportunities in East Scarborough

The research resulted in the following recommendations:

- Introduce a comprehensive, demand-led, social sector training program in a geographical area which factors local trends and labour market forecasting into their curriculum and post-program supports
- Strengthen the efficacy of job placement programs by developing sector specific strategies on effective use of incentives and placements
- Support residents to effectively participate in "strategic volunteering" and employers to formally recognize volunteers and their reasons for volunteering
- Formulate and support strategies for sector retention
- Work with ONN to further promote inclusive workplaces among social sector employers based on a set of diversity standards and transparency guidelines in recruitment processes and practices

# LITERACY NOW! Exploring challenges, capacities, and opportunities for improved literacy in Kingston Galloway-Orton Park

This research project was conducted by the Kingston Galloway Orton-Park Literacy Improvement Collective (KLIC) and was aimed at gathering insights, experiences, and suggestions from a wide range of KGO community membesr. According to school data, too many people that live in KGO have low-level literacy scores. The recommendations (to be finalised by collective) can be categorized into three broad categories: community engagement, service development and knowledge sharing.

## **Community Engagement:**

- Develop an outreach strategy to invite community members to engage with literacy learning opportunities across KGO.
- Develop a KLIC events calendar and a promotional "roadshow" to recruit and connect learners to existing programs and services.
- Create a high-quality engagement video that promotes existing literacy learning opportunities and can be shared with various KGO agencies.
- Draft and implement a "Literacy Improvement Charter" that calls for more inclusive programming, diverse learning opportunities, and situated learning. The Charter should include ways to measure success and track performance.

## **Service Development:**

- Create a multi-agency KGO service "pipeline" that provides literacy supports for learners throughout their educational
  journeys, from pre-school to employment. This requires sharing resources, increased partnership between existing agencies,
  robust referral systems, and shared evaluation measures.
- Increase and expand employment- focused literacy program content in KGO
- Provide learners with opportunities to inform the development of literacy programs. This can be accomplished through encouraging learners to share stories about their literacy journey, and engaging in participatory program evaluation.
- Connect literacy programming to other high value issues such as food security, voter engagement, education and employment.

## **Knowledge Sharing:**

- Implement an online tool to be used by literacy-focused agencies to share best practices and other knowledge products.
- Develop a strategy to secure the necessary funding and resources to implement a community-based literacy action plan.

## 2011 Student Census (Grades 7-12: Previews)

The purpose of the TDSB's Student Census is to collect student data that will help the TDSB and its schools to improve achievement levels for all students while closing the achievement gap for students in need. One of the most significant findings in this Census is the positive shift in students' school experiences, especially among the Grade 7-8s, in such areas as:

- School safety
- Perceptions of their school
- · Perceptions of their teacher
- There are some new findings about students' relationships with school adults
- In terms of inclusive school experiences, the patterns remain somewhat the same as before, except for having more opportunities to learn about people of disabilities, and of different sexual orientation
- The one area that shows some reverse patterns is class participation among secondary school students

# APPENDIX A: Survey Questions

The Community Mapping Survey was shared with the community partners through the use of Google Docs.

The survey is as follows:

## **Community Mapping**

## Dear Community Partner,

The East Scarborough Storefront is working on compiling comprehensive data about the Kingston-Galloway/Orton Park (KGO) neighborhood that can be used by organizations and residents to make informed decision about how best to serve the neighborhood.

All data collected will eventually be shared via a community website that will be hosted by the Storefront.

One of the first steps in this data collection process is to better understand the organizations physically located in the KGO neighborhood.

We would really appreciate it if you could spend a few minutes answering the following questions.

Personal Information		
What is your name?		
What is the title of your position?		
What is the title of your organization?		

Community Mapping Survey Questions Please read the following questions and provide as much detail possible.
What is your organization's mandate or mission?
What does your organization aspire to in the next 3-5 years? What do you hope to accomplish? If you have a strategic plan, please share the documents via e-mail.
What is the operating budget of your organization?
How many FTE (full-time equivalent) staff does your organization employ?
Has your organization conducted any community consultations in the last 2-3 years? If so, please share the documents via e-mail.
Aside from the organizations located in KGO, does your organization activity collaborate with any other partners? If so, please list them.
Does your organization support any resident-lead initiatives? If so, please list them.
Does your organization support or participate in any networks? If so, please list them.

## Thank you!

We will be sharing the community profile with you once completed. We appreciate your time and contribution!

# APPENDIX B: Space Audit

This space audit is a guide to available spaces in the Kingston-Galloway/Orton Park community for various purposes such as meetings, trainings, workshops, community events, celebrations/ceremonies etc.

Organizations and Address	Contact Persons and Address	Booking/ Permits	Cost/Fee	Facilities/ Important Notes
East Scarborough Storefront 4040 Lawrence Ave. E.	Shane Beharry Community Resource Connections Manager 416-208-7197 ext.23 sbeharry@thestorefront.org	Based on availability	No cost.	1 large meeting space - max cap: 50 1 meeting room - max cap: 15 1 multi-sports court/ stage 1 Industrial-grade kitchen (Eco-Food Hub) - max cap: 25
Innisfree Housing Co-Op 185 Galloway Rd.			No cost. Donation welcome	1 meeting room — cap. max 15 1 kitchen 1 washroom
Ann Marie Hill Co-op Inc. 160 Galloway Rd.	op Inc.  Jerry Reitsma Property Manager 416 281 5313 annmariehill@rogers.com  15 days in advance \$100/d		\$100/day	1 big room – cap. 40-50 1 small room –cap. 15 1 small kitchen 1 washroom No parking
Boys and Girls Club of East Scarborough 100 Galloway Rd.	Krystel Echeverri Building Coordinator 416 281 0262 ext. 200/232 kecheverri@esbgc.org	1 month in advance. Account need to be created for booking the space. See website www.esbgc.org for details.	Rates are different for Members (M) and Non Members (NM) Gym – \$50 (M), \$60 (NM) Teen Zone – \$15 (M),\$20 (NM) Kool Kidz – \$15 (M), \$20 (NM) Youth Lounge – \$15 (M), \$20 (NM) Blue Jays Room – \$15 (M), \$20 (NM) Multi Purpose Room – \$25 (M), \$30 (NM) Community Room –\$25(M),\$30 (NM) Parking – Free	Gym cap./items –150 Teen Zone – cap. 15 Kool Kidz – cap. 20 Youth Lounge – cap. 20 Art Studio – cap. 6 Roger Tech Centre – cap. 14 Dance Studio – cap. 6 Blue Jays Room – cap. 20 Multi Purpose Room –cap. 60 Community Room – cap. 60 Interview Room – cap. 2 Washrooms –13 Kitchen – 1 Parking space – cap. 23 Chairs –192 Small Round Tables 8/8 ppl Large Round Tables 5/10 ppl Rectangle Tables –11 Benches – 4

Organizations	Contact Persons	Booking/	Cost/Fee	Facilities/ Important Notes
and Address Progress Church	and Address Angela Scarlett	Permits 2 months in	No cost or	1 Sanctuary hall – cap. 250
4242 Kingston Rd.	416 894 9931 angelascarletthenry@ gmail.com  Pastor Lovelace St. Johan 416 299 7930 pastor@progresschurch.com	advance for Sanctuary and for rest 1 month in advance	minimum cost for community programs. Donation welcome. For other programs: \$400/day for Sanctuary \$100/day for Community Room \$50/day for Meeting room	(built-in seats)  1 Community room – cap. 40  1 Room – cap. 20  1 small room – cap. max 10  1 Kitchen (big) with accessories  1 Washroom  2 Washrooms common Parking – cap. 57 Chairs – 250 built-in seats in Sanctuary hall Chairs – 40 (community hall) Tables – 14 Extra chairs available if needed
St. Mark's United Church 115 Orton Park Rd.	Carol Caise Office Administrator 416 439 8523	1 month in advance	No cost for community programs. Donation welcome. Fee for other programs.  Carol has been emailed for rates. Response awaited	1 Sanctuary Room – cap. 140 1 Main Room – cap. 120 1 Meeting room – cap. max 12 1 Big kitchen with 2 big dining tables and 10 chairs, kitchen utensils and accessories 2 Nursery/Kids room – cap. 10 each 2 Washrooms (downstairs) 1 Washroom (upstairs) Chairs – 160 Tables- 22 Parking
Curran Hall Community Recreation Centre 277 Orton Park Rd.	Kyla Brown Community Recreation Programmer 416 396 5143 416 396 5156 kyla.brown@toronto.ca	1 month in advance	Max cost \$390/3hr. No cost for community programs or negotiable in advance	1 room - cap. max 80 for meetings, workshops, parties. Rates are different depending on the kinds of events. Parties and celebration cost more. Specific cost not revealed on phone, however, max cost is \$390/3 hrs.
St. Stephens Presbyterian Church 3817 Lawrence Ave. E.	Alex 416 431 0841 st.stephens.scarborough@ gmail.com	2 months in advance	No cost for community programs. Donation welcome. Fee for other programs i.e. \$100/day	1 Hall (main level) – cap. 80 1 Sanctuary hall – cap. 200 (built-in seats) 1 Hall – cap. 100 1 Combined room – cap. 40 2 Kitchens – (1 small, 1 big) 3 Washrooms Parking – 50 cars Chairs – 80 Tables – 40

Organizations and Address	Contact Persons and Address	Booking/ Permits	Cost/Fee	Facilities/ Important Notes
St. Margaret in-the-Pines (Church) 4130 Lawrence Ave. E	Mishael David, Office Administrator 416 284 4121 office@ stmargaretinthepines.ca	Call/email for booking after Licence Agreement and insurance is done.	No cost for any Storefront program but 1–year License Agreement and insurance of \$129.60 is must. Donation is welcome.	1 Dyer Wing – cap. 220 1 Auditorium – cap. 220 1 J.R. Room – cap. 30. Booking for 9–5pm is easy, difficult for evening. However, they will cooperate
Toronto Public Library Morningside 4279 Lawrence Ave. E.	Front Desk Staff 416 397 5969 roombookingunit@toronto- publiclibrary.ca	1 month in advance \$25.06/hr. + taxes		1 Room – cap. 50 max for meeting and workshop. Available during daytime
Heron Park Community Recreation Centre 292 Manse Rd.	Mike Krabi 416 396 4355 mike.krabi@toronto.ca	15 days in advance	Mike has been emailed for detailed cost and facilities. Response awaited.	1 big hall – cap. > 100 Available only between 6 and 11pm all year round for cultural programs, big meetings, workshops, parties.
St. Margaret Public School 235 Galloway Rd.	Nool Vice Principal			1 auditorium with a stage  – cap. > 100. Suitable for cultural and stage program, community meetings, parties, ceremonies. Available only during evenings and nights. Fee charged. Storefront used it for soccer play for children in summer 2017
Galloway Road Public School 192 Galloway Rd.		Book 2 months in advance with Toronto District School Board		1 auditorium with stage  – cap > 150. Suitable for big functions, meeting, community events. Available only during school hours.
West Hill Collegiate Institute 350 Morningside Av.	Jeff Lancaster Care Taker 416 396 6864 jeff.lancaster@tdsb.on.ca	Book 2 months in advance with Toronto District School Board		1 auditorium – cap. > 150 1 Library- suitable for meeting – cap. > 20. Enough space for big parties, ceremonies, community events

Organizations and Address	Contact Persons and Address	Booking/ Permits	Cost/Fee	Facilities/ Important Notes
Toronto Public Library Cedarbrae District Branch 545 Markham Rd.	Call or email for booking: 416 397 5969 roombookingunit@ torontopubliclibrary.ca Stephen Arroz Senior Branch Head 416 396 8856 sarroz@torontopubliclibrary.ca	2 months to one year in advance. Signing of contract necessary	\$22.18 to \$27/hr + taxes	1 large auditorium/meeting hall – cap. 60 (seating- lecture style) – cap. 40 (seating-classroom style) 2 Public washrooms 1 Family washroom No kitchen Parking free
Cedarbrook Community Centre 91 Eastpark Blvd.	Mike Rajaram Community Recreation Programmer 416 396 4028 Mike.Rajaram@toronto.ca	1 month in advance. Must set up Permit account first	Ballroom -\$120/hr. Clean up/Set up - \$ 230/hr. Craftroom -\$85/hr. Clean up/Set up - \$185/hr. Room 1&2 -\$85/hr. Clean up/set up - \$185/hr. Insurance rates vary for different events	1 Ballroom with kitchen – cap. 200 (25 tables) 1 Craftroom (no kitchen) – cap. 50 (10 tables) Room 1 & 2 – cap. 50 (10 tables) See the following docs. for details of facilities, rental cost, booking processes and forms to be completed for booking: Rental Information/Brochure Seasonal Request for Space Permit Account – Application Form One Time Use of Space.

Organizations and Address	Contact Persons and Address	Booking/ Permits	Cost/Fee	Facilities/ Important Notes
Toronto Community Housing (TCH) 2743 Victoria Park Ave.	David Morales Community Service Coordinator 647 460 4833 416 981 6528 david.morales@ torontohousing.ca	1 to 2 month in advance. Proof of Insurance or purchasing of insurance through TCH broker necessary.	No cost for community programs. Cost for private tenants are: Children's events - \$25 Damage deposit - \$50 Adult events - \$75 Damage deposit -\$75 Wedding/receptions - \$300 Damage deposit - \$300 Cost for private event for people who are not tenants are: Children's events - \$50 Damage deposit - \$75 Adult events - \$150 Damage deposit - \$200	Contact David Morales for bookings of space at THC Buildings. For details, see Common Room Insurance Brochure in the appendix.
TCH Building 4301 Kingston Rd.				Main level Lower Level 1 Meeting Room 1 Office Space 1 Kitchen 2 Washroom 1 Basketball court 1 Swimming Pool 1 Gym 4 Long Tables 24 Chairs
TCH Building 4110 Lawrence Ave. E.				1 Room – suitable for small meeting 1 Kitchen 1 Washroom 4 Long tables 30 chairs

Organizations and Address	Contact Persons and Address	Booking/ Permits	Cost/Fee	Facilities/ Important Notes
TCH Building 3947 Lawrence Ave. E. Orton Park				1 Room 1 Kitchen 1 Washroom 1 TV 1 Gym 2 Long tables 7 Chairs
TCH Building 90 Mornelle Court				Main level 1 Kitchen 1 Washroom 1 Gym 2 Long tables 22 Chairs Lower level 1 Room 1 Kitchen 2 Washrooms 10 Long tables 100 Chairs
TCH Building 4205 Lawrence Ave. E.				Main level 1 Room 1 Storage Room 2 Washrooms 1 Kichen 38 Long tables 100 Chairs Speaker Lower level 1 Room 2 Washrooms 16 Small tables 24 Chairs
TCH Building 225 Morningside/Ling				Main level 1 Room 1 Gym 30 chairs
TCH Building 4175 Lawrence Ave. E.				Main level 1 Room 1 Gym 30 chairs

Organizations and Address	Contact Persons and Address	Booking/ Permits	Cost/Fee	Facilities/ Important Notes
TCH Building 3847 Lawrence Av. E / Orton Park				Main level 1 Room 1 Kitchen 1 Washroom Speakers TV/VCR/DVD Clinic space 4 Long tables 47 Small tables 75 Small chairs
TCH Building 110 Mornelie Court				1 room at basement 1 small room for meeting on the main floor
TCH Building 30 Valia Rd.				No space

# Kingston Galloway Orton Park Sports and Recreation Resource Guide



By the East Scarborough Multi-Sport Collaborative last updated in 2015

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This resource guide was compiled by The East Scarborough Storefront on behalf of the East Scarborough Multi-Sport Collaborative. This guide will be updated bi-annually. If you would like to submit any changes or corrections, please contact:

Ewa Cerda, Manager of Community-University Initiatives

647-347-1693 ext 30 ecerda@thestorefront.org

Thank you!

## Welcome!

The purpose of this resource guide is to help residents and service providers in Kingston Galloway Orton Park (KGO) access information specific to sports/ recreation initiatives and spaces in and around the neighbourhood. Whether you are a parent who is looking to involve your child in a soccer club or a community coach looking to start a program, we hope that this document can serve as a starting point for your local sports and recreation needs and information.

If you are a resident or organization who is leading a sport initiative in the neighbourhood and would like to be listed in this guide, we encourage you to share your information by contacting us at <a href="mailto:ecertage">ecertage</a> the store front.org with a subject line of "KGO Sports and Recreation Resource Guide".

## A Little Bit about the East Scarborough Multi-Sport Collaborative

The East Scarborough Multi-Sport Collaborative (ESMSC) is a growing team effort of local community and sport organizations, city departments, academics and researchers, sports organizations and community champions who have joined together to make a collective impact on:

- Increasing physical literacy
- Developing personal resiliency, learning and life skills through sports
- Helping individuals reach their personal athletic potential

This resource guide is made in effort to make sports and recreation opportunities more accessible. To learn more about the ESMSC, please contact:

**Jeff Carmichael, ESMSC Co-Chair** jeff@torontosportscouncil.ca or 416-224-2216

Kim Tull, ESMSC Co-Chair tull@utsc.utoronto.ca

## How to Use this Resource Guide:

Please note that the contents of this guide have been compiled from various sources and may be subject to error and change. It is best practice to directly contact the programmer/service provider/resident lead to ensure information accuracy.

The guide is organized into four major sections:

## • Toronto Parks, Forestry and Recreation Programs

City-run paid and free programs primarily operating out of public community centers and secondary schools. Programs are generally non-competitive and self-development oriented. Registration is required for all programs; note that registration opens on designated days prior to onset of season and spots fill up quickly. Subsidies are available to those who meet income requirements (see Welcome Policy on page 8). Please see The Fun Guide at <a href="https://www.efun.toronto.ca">www.efun.toronto.ca</a> for full details on programming and registration.

## Clubs & Leagues

Also known as associations and conferences. Group of sports teams or individual athletes that compete against each other in a specific sport. Usually require membership but can offer pay-as-you-go/drop-in options. Membership fees almost always apply – inquire for subsidies.

### Spaces

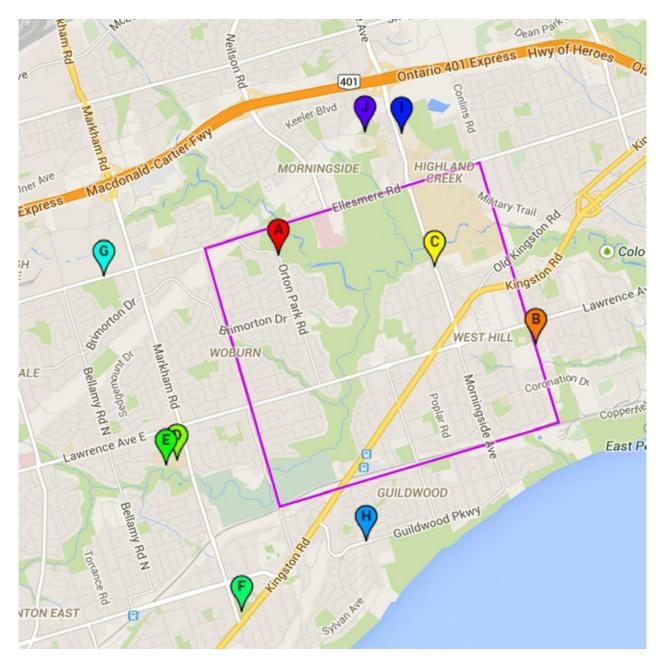
Physical spaces, enclosures, and venues dedicated for sport or recreation programming. Most are available for public use but some require bookings and permits. Priority for free-use of spaces given to community groups.

## Not-for-profit and Resident-Led Activity Groups and Programs

Grassroots and community organization programming that charge no or a minimum fee. Supports other than programming (such as training, access to space, and collaboration) may be available.

## Parks, Forestry and Recreation

City-run paid and free programs primarily operating out of public community centers and schools. Registration is required for all programs; note that registration opens on designated days prior to onset of season and spots fill up quickly. Subsidies are available to those who meet income requirements (see Welcome Policy on page 7). **Please call locations for most updated information.** 



**KGO Boundaries** 

## Legend

A - Curran Hall Community Centre

B – Heron Park Community Recreation Centre

C – West Hill Collegiate Institute

D - Cedarbrae Collegiate Institute

E – Cedarbrook Community Centre

F – Scarborough Village Recreation Centre

G - Centennial Recreation Centre

H – Sir Wilfrid Laurier Collegiate Institute

I – Toronto Pan Am Sports Centre

J – Tam Heather Curling and Tennis Club

	Name	Location	<b>Distance</b> from Storefront (km)	Accessibility	Facilities	Fees	Programs
A	Curan Hall CC (416) 396-5156	227 Orton Park Road	1.5	Full	Multipurpose Room & Hall	Varies	Pg 5
В	Heron Park RC (416) 396-4035	292 Manse Road	1.7	Full	Multipurpose Room, Gym, Fitness Centre, Outdoor Swimming Pool, Indoor Skating Rink, Ball Diamond, Tennis Court, Youth Lounge	Free	Pg 5
С	West Hill CI (416) 396-4008	350 Morningside Avenue	0.9	Partial	Indoor Swimming Pool	Varies	Pg 5
D	Cedarbrae CI (416) 396-4400	550 Markham Road	2.8	Partial	Indoor Swimming Pool	Varies	Pg 5
E	Cedarbrook CC (416) 396-4028	91 Eastpark Boulevard	3.0	Full	Multipurpose Room, Hall, Youth Lounge	Free	Pg 5
F	Scarborough Village RC (416) 396-4048	3600 Kingston Road	3.8	Full	Multipurpose Room, Indoor Skating Rink, Hall, Theatre/Auditorium, Youth Lounge	Free	Pg 6
G	Centennial RC (416) 396-4057	1967 Ellesmere Road	3.3	Partial	Multipurpose Room, Weight Room, Indoor Swimming Pool, Indoor Skating Rink, Basketball Court, Hall	Free	Pg 6
Н	Sir Wilfrid Laurier Cl (416) 396-6820	145 Guildwood Parkway	2.6	Partial	Indoor Swimming Pool	Varies	Pg 6
I	Toronto Pan Am Sports Centre (416) 283-5222	875 Morningside Avenue	2.3	Full	Multipurpose Room, Gym, Fitness Centre, Weight Room, Indoor Swimming Pool, Track	Varies	Pg 7
J	Tam Heather Curling/Tennis Club (416) 284-9251	730 Military Trail	2.4	Full	Curling, Tennis Court	Varies	Pg 6

CC = Community Centre, RC = Recreation Centre, CI = Collegiate Institute

## Please note:

All of the following programs by Toronto Parks, Forestry and Recreation **require registration** ahead of time. You may register in one of the following ways (**must have a client number**):

- Online (preferred method)
  - o efun.toronto.ca
- Touch Tone
  - o Dial 416-338-0000 and follow prompts
- Operator Assisted Telephone
  - o Call 416-338-4386 to speak with a customer service representative
- In Person
  - Visit Scarborough Civic Centre at 150 Borough Drive

If you do not already have a **client number**, you can download a New Family Account Form at toronto.ca/parks/registration and email the completed form to pfrcustomerservice@toronto.ca OR speak to a customer service representative at 416-338-4386.

Curran Hall Community Centre							
Contact	277 Orton Park Rd. (Ellesmere & Markham)   (416) 396-5156						
Programs	Adapted Programs & Arts Fitness Integrated Services						
	- Active8 (19+)	- Dance (6-12)	- Karate (3-5) - Martial Arts (6-12 yo) - Yoga (16+) - Yoga/Pilates Fusion (16+)				

Heron Park Community Recreation Centre (free program centre)										
Contact	292 Manse Rd. (Morningside & Lawrence)   (416) 396-4035									
Programs	Adapted Programs & Integrated Services	Arts	Sports	Fitness	Older Adults Programs (60+)	Winter Sports				
	- Active8 (19+)	- Ballet (4- 5)	- Soccer (4-12) - Basketball (6-24) - Dodgeball (6-12) - Floor Hockey (6-12) - Instructional Badminton (7-12) - Recreational Badminton (19+)	- Cardio high/low (16+) - Osteo Fit (16+)	- Badminton - Ball Room Dance - Table Tennis - Walking	- Learn to Skate (Preschool to Level 4) - Hockey Skills (4-13) - Public Skate				

West Hill Collegiate Institute						
Contact	350 Morningside Ave. (Morningside & Kingston)   (416) 396-4008					
Programs	Sports	Swimming				
	- Instructional Basketball (6-12) - Recreational Volleyball (13+)	<ul><li>- Lane Swim (13+)</li><li>- Instructional Swimming Lessons (all ages)</li></ul>				
	- Recreational Volleyball (13+)	- Instructional swithining Lessons (all ages)				

Cedarbrae Collegiate Institute						
Contact	550 Markham Rd. (Markham & Lawrence)   (416) 396-4400					
Programs	Adapted Programs & Integrated Services	Sports	Swimming			
	- Adapted Leisure Swim	- Basketball (18+ )	- Adapted			

Cedarbrook Community Centre (free program centre)							
Contact	91 Eastpark Blvd., (Markham & Lawrence)   (416) 396-4028						
Programs	Arts - Hip Hop (6-12) - Ballet (6-9) - Jazz (6-9) - Jazz Advanced (13-24) - Tap - Advanced (13-24) - Creative Movement (3-5) - Line Dance (18+)	Fitness - Yoga (13-18) - Cardio (13-24) - Cardio Low Impact (16+) - Yoga (16+)	Sports - NCCP Coaching Training (16+) - Karate (3-12) - Sports Fun (2-5)				

Scarborough Village Recreation Centre (free program centre)								
Contact	3600 Kingston Rd. (Markham & Kingston)   (416) 396-4048							
Programs	Arts	Sports	Skating	Fitness	Older Adult Programs (60+)			
	- Bollywood Dance (5-11) - Bollywood/Hip Hop (13-24)	- Karate (3-12) - CAN-Bike (6-99) - Table tennis (13-17) - NCCP Coaching Training (16+)	- Public skate (all ages) - Learn to Skate (all ages) - Figure Skating (8-16) - Hockey Skills (18+)	- Cardio Hi/Low (16+) - Stretch and Strength (16+) - Pilates (16+) - Yoga (16+)	- Clogging - Line Dance - Tap - Zumba - Tai-chi			

Centennial Recreation Centre (free program centre)							
Contact	1967 Ellesmere Rd. (Ellesmere & Markham)   (416) 396-4057						
Programs	Arts - Ballet (6-11) - Hip Hop (8-18) - Jazz (4-12) - Latin (19+) - Ballroom (19+)	Sports - Ball/Floor Hockey (13-24) - Basketball (13-24) - In-line Skating (7+) - Volleyball (18+) - NCCP Coaching Training (16+)	Skating - Learn to Skate (3-19+) - Public Skate (all ages)	Fitness  - Body Sculpt (16+)  - Cardio High/Low (16+)  - Learn to Weight Train (16+)  - Meditation (16+)  - Pilates (16+)  - Yoga (16+)  - Zumba (16+)	Swimming - Leisure Swim (all ages) - Aquafit (17+) - Lane Swim (13+) - Instructional Swimming Lessons (all ages)		

Sir Wilfrid Laurier Collegiate Institute							
Contact	145 Guildwood Parkway (Lawrence & Kingston)   (416) 396-6820						
Programs	Sports - Instructional Badminton (6-9) - Recreational Badminton (13-17) - Instructional Floor Hockey (6-14) - Instructional Soccer (6-12) - Instructional Basketball (6-12)	Swimming - Lane Swim (13+) - Instructional Swimming Lessons (infant - adults)					

Tam Heather Curling and Tennis Club				
Contact	730 Military Trail (Morningside & 401)   (416) 284-9251			
Programs	Sports - Curling (all ages) - Tennis (all ages)			

oronto Po	onto Pan Am Sports Centre							
Contact	875 Morningside Ave. (Morningside & 401)   (416) 283-5222							
Programs	Arts	Fitness	Sports	Swimming	Older Adults (60+)			
	- Dance (all ages)	- Yoga - Zumba - Boot Camp - Cardio Dance - Cardio High/Low - Post Natal Fitness - Tai Chi	- Martial Arts (4-9yo; 13-24yo) - Badminton (16+) - Basketball: Skills and Drills (5-13) - Basketball (13-19) - Basketball (Female) (13+) - Gymnastics (5-7) - Ball Hockey (6-14) - Floor Hockey (13-19) - Cricket (6-9yo; 13-16) - Flag Football (6-17) - Lacrosse (6-13) - Soccer: Skills and Drills (6-12) - Skipping (6-12) - Dodgeball (13-19) - Volleyball (17+) - Soccer Indoors (17+) - Self-Defense (17+) - Play on Parasport (6-19+)	- Leisure Swim (all ages) - Aquafit (16+) -Instructional Swimming (all ages)	- Badminton - Gentle Fit - Osteo Fit - Self Defense - Stretch and Strength - Tai-Chi - Walk Fit - Chair Yoga - Hatha Yoga - Pickleball - Zumba Gold			

Please note that some drop-in programs are offered at this location for free or a minimum charge. Please call to inquire.

## What is the Welcome Policy?

The City of Toronto's Welcome Policy assists individuals and families with low-income who live in Toronto to access city-operated recreation programs. If you are approved for the Welcome Policy, you will receive an annual financial credit that can be spent on any recreation program offer by the City of Toronto.

## To be eligible for Welcome Policy, you must:

- 1. Be 18 years of age or older
- 2. Be a Toronto resident
- 3. Have a before-tax family income of less than Statistics Canada's Low Income Cut Off, which can be found at <a href="https://www.toronto.ca/wp">www.toronto.ca/wp</a> or by calling (416) 338-2000

## There are three ways to apply for Welcome Policy:

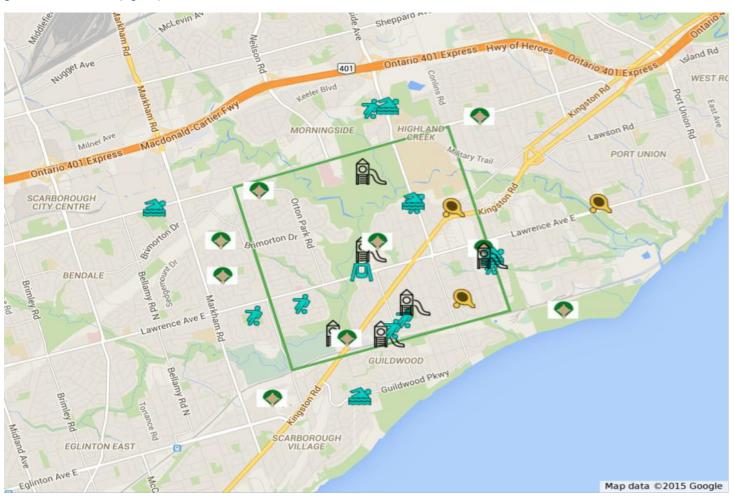
- 1. Call the Welcome Policy application line at (416) 338-2000
- 2. Pick up an application form at any City of Toronto recreation centre or Civic Centre
- 3. Visit www.toronto.ca/wp to download the application form

## Toronto residents who are approved for Welcome Policy will receive:

- Children and youth (0-24 years old): \$483
- Adults and older adults (25 years +): \$225

Note: the credit amounts are effective for ONE year. Visit <a href="www.toronto.ca/wp">www.toronto.ca/wp</a> for the most current amounts and to view your balance online.

Physical spaces, enclosures, and venues such as baseball diamonds, fields and pools dedicated for sport or recreation programming and/or public use. Some spaces require bookings and permits. Priority for free-use of spaces given to community groups.





## **Baseball Diamonds**

Name	Address	Distance from ESS (km)	Description	Booking Procedures	Fees	Contact
West Hill Park	170 Weir Crescent	0.6	1 baseball diamond (facility rating: C)	None; Public Use	N/A	N/A
Greenvale Park	10 Greenvale Terrace	1.1	2.5 hectare; 1 baseball diamond (facility rating: C)	None; Public Use	N/A	N/A
Heron Park	292 Manse Road	1.8	1 baseball diamond (facility rating: A)	None; Public Use	N/A	N/A
Densgrove Park	75 Hiscock Blvd	2.0	4.5 hectare; 2 baseball diamonds (facility rating: B)	None; Public Use	N/A	N/A
Churchill Heights	60 Mountland Dr	2.0	1.5 hectare; 1 Baseball Diamond (facility rating: C)	None; Public Use	N/A	N/A
Ken Morrish Softball Complex	101 Copperfield Road	3.0	Multiple Baseball Diamonds and Batting Cage	None; Public Use	N/A	N/A
Heather Heights Woods	Orton Park Road	2.0	2 baseball diamonds (facility rating: C)	None; Public Use	N/A	N/A
Scarborough Village Park	23 Gatesview Ave	2.4	3 baseball diamonds (facility rating: A+B)	None; Public Use	N/A	N/A

## **Sports Fields**

Name	Address	Distance from ESS (km)	Description	Booking Procedures	Fees	Contact
The Valley (UTSC)	131 Old Kingston Road	1.7	Soccer Field, Baseball Diamond, Tennis Courts	KGO-UTSC Partnership	None	Ewa Cerda, Manager of Community-University Initiatives; (647) 347-1693 ext. 30, ecerda@thestorefront.org
Peter Secor Park	235 Coronation Drive	1.5	1 sports field (facility rating: C)	None; Public Use	N/A	N/A
Heather Heights Woods	Orton Park Road	2.0	1 sports field	None; Public Use	N/A	N/A
Scarborough Village Park	23 Gatesview Ave	2.4	1 sports field (facility rating: C)	None; Public Use	N/A	N/A
Wanita Park	5 Meadowvale Road	3.6	2 sports fields (facility rating: C)	None; Public Use	N/A	N/A

**Gymnasiums** 

Name	Address	Distance from ESS (km)	Description	Booking Procedures	Fees	Contact
Eastview Jr Ps	20 Waldock Street	1.0	Indoor Gymnasium	Apply through TDSB Priority Schools Initiatives Program	None - if eligibility requirements met	Mona Khan, PSI Area Facilitator; (416) 395-4832, mona.khan@tdsb. on.ca
East Scarborough Boys and Girls Club	100 Galloway Road	1.0	Indoor Gymnasium	Facilities agreement application required	Varies; no fee for community partner agencies	Smriti Upreti; (416) 281-0262 ext 200
Willow Park Jr PS	45 Windover Drive	1.0	Indoor Gymnasium	Apply through TDSB Priority Schools Initiatives Program	None - if eligibility requirements met	Mona Khan, PSI Area Facilitator; (416) 395-4832, mona.khan@tdsb. on.ca
Cornell Jr PS	61 Holmfirth Terrace	1.7	Indoor Gymnasium	Apply through TDSB Priority Schools Initiatives Program	None - if eligibility requirements met	Mona Khan, PSI Area Facilitator; (416) 395-4832, mona.khan@tdsb. on.ca
Joseph Brant Sr PB	270 Manse Road	1.9	Indoor Gymnasium	Apply through TDSB Priority Schools Initiatives Program	None - if eligibility requirements met	Mona Khan, PSI Area Facilitator; (416) 395-4832, mona.khan@tdsb. on.ca
Military Trail PS	701 Military Trail	2.7	Indoor Gymnasium	Apply through TDSB Priority Schools Initiatives Program	None - if eligibility requirements met	Mona Khan, PSI Area Facilitator; (416) 395-4832, mona.khan@tdsb. on.ca

## Courts

Name	Address	Distance from ESS (km)	Description	Booking Procedures	Fees	Contact
East Scarborough Storefront	4040 Lawrence Avenue East	0	Asphalt outdoor court with basketball and soccer nets	Partnership agreement required	None	Chris Ekubor, Manager of Community Resources and Partnerships; (416) 208-9889 ext 33 cekubor@thestorefr ont.org

## Pools

Name	Address	Distance from ESS (km)	Description	Drop-In Programs	Fees	Contact
Heron Park CRC	292 Manse Road	1.8	Outdoor Pool (facility rating A)	(facility rating (summer only, swimming		416 396-4035
Toronto Pan Am Sports Centre	875 Morningside Avenue	2.3	Indoor Swimming Pool (facility rating: premium)	Lane swim(13+), lane swim (female only), leisure swim	Vary – call to inquire	Colleen Oag, Aquatics Rental; (416) 283-1106, COag@tpasc.ca
Sir Wilfrid Laurier Collegiate Institute	145 Guildwood Parkway	2.6	Indoor Swimming Pool (facility rating: B)	Lane swim (13+)	Vary – call to inquire	416-396-4011
Cedarbrae Collegiate Institute	550 Markham Road	2.8	Indoor Swimming Pool (facility rating: A)	Adapted leisure swim	Vary – call to inquire	416-396-4006
Centennial Recreation Centre	1967 Ellesmere Road	3.3	Indoor Swimming Pool (facility rating: A)	Lane swim (13+), leisure swim, family leisure swim, aquafit, older adult swim	FREE leisure swimming; fees vary for lessons	416-396-4057
West Hill Collegiate Institute	350 Morningside Ave	0.9	Indoor Swimming Pool (facility rating: B)	Lane Swim (13+), Instructional Swimming Lessons (all ages)	Vary – call to inquire	416-396-4008

Splash Pads & Playgrounds

Name	Address	Distance from ESS (km)	Description
West Hill Park	170 Weir Crescent	0.6	Children's playground and open green space
Eastview Park	33 Coronation Drive	1.0	Children's playground, splash pad and open green space
Greenvale Park	10 Greenvale Terrace	1.0	Children's playground, baseball diamond and open green space
Galloway Park	90 Galloway Road	1.1	Children's playground and open green space
Morningside Park	390 Morningside Avenue	1.7	Children's playground, splash pad and open green space
Heron Park	292 Manse Road	1.8	Children's playground and splash pad

**Toronto Community Housing (TCH) Spaces** 

Type of Space	Address	Distance from ESS (km)
Gymnasium, Pool	4301 Kingston Road	0.8
Recreation Room	4110 Lawrence Avenue	0.4
Recreation Room	3947 Lawrence Avenue	0.4
Recreation Room	3847 Lawrence Avenue	1.0
Recreation Room	4205 Lawrence Avenue	1.2
Recreation Room	4175 Lawrence Avenue	0.9
Recreation Room	225 Morningside Avenue	1.2
Recreation Space	130 Danzig Road	1.5

Please note that TCH Space bookings require 2 weeks in advance and may require a fee. If you would like to book a Toronto Community Housing Space, please follow the steps below. For any inquiries, please call:

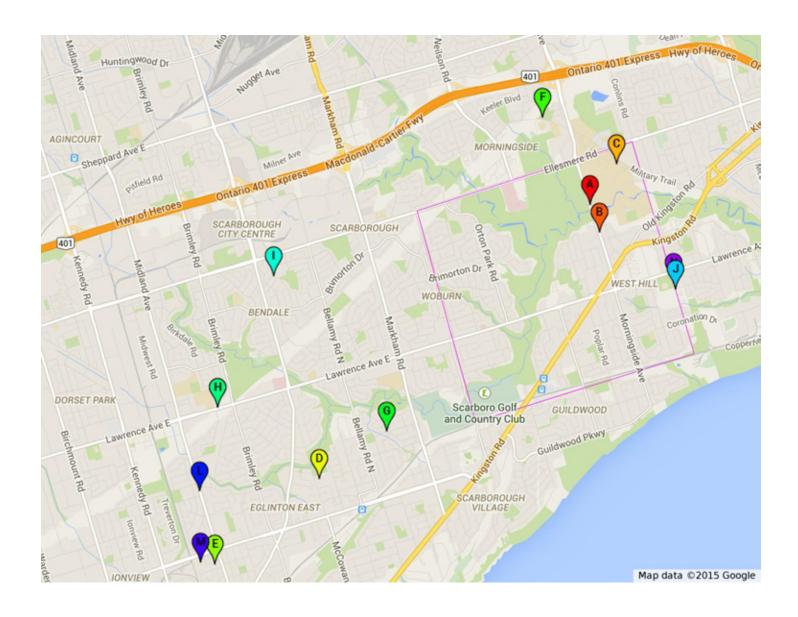
David Colosimo, TCHC Community Services Coordinator, 416-981-6547

## **How to Book Space**

- **Step 1** Find out if the space is available. Check the calendar posted in the building and talk to TCHC staff.
- **Step 2** If the room is available when you want it, ask the TCHC staff for an Application to Use Common Space. The staff will tell you how much the room will cost (if fees apply), what is included, and whether you will have to pay a damage deposit and security costs. If the room is not available, staff may be able to suggest an alternative.
- Step 3 Fill in the Application to Use Common Space. Read the Terms of Agreement. Make sure you sign both forms.
- **Step 4** Make sure you have liability insurance. Tenant groups are insured through TCHC. If you are not a tenant group, you must buy liability insurance from TCHC or an insurance company. **TCHC will not refund insurance fees if you cancel your event.**
- **Step 5** Fill in the Insurance form or provide proof of Insurance.
- **Step 6** If you will be serving or selling alcohol, buy Host Liquor Liability Insurance. You must also get a Smart Serve Certificate.
- **Step 7** Return your Application and Insurance forms to the staff, along with all payments. Each payment (room rental fee, damage deposit and insurance) must be a separate certified cheque or money order.
- Step 8 TCHC staff will review the application and make a decision. They will let you know if your application is approved. The room is not booked until the staff tells you the application has been approved.
- **Step 9** Meet with the staff to:
  - inspect the room. Look at the room and note any damage or problems
  - go over the **Terms of Agreement**
  - find out how to clean up the room, including what cleaning supplies you can use.
  - find out how to access the space. If keys are issued, staff will tell you where to return them after the event
- **Step 10** After the event, the staff will inspect the room. If there is damage, you will pay for repairs, cleanup or other costs. If these costs are more than the damage deposit, TCHC will charge you for the extra cost.

## Clubs & Leagues

Also known as associations and conferences. Group of sports teams or individual athletes that compete against each other in a specific sport. Usually require membership but can offer pay-as-you-go/drop-in options. Membership fees almost always apply – inquire for subsidies. Call to inquire about programs (ex. House leagues, rep



**KGO Boundaries** 

## Legend

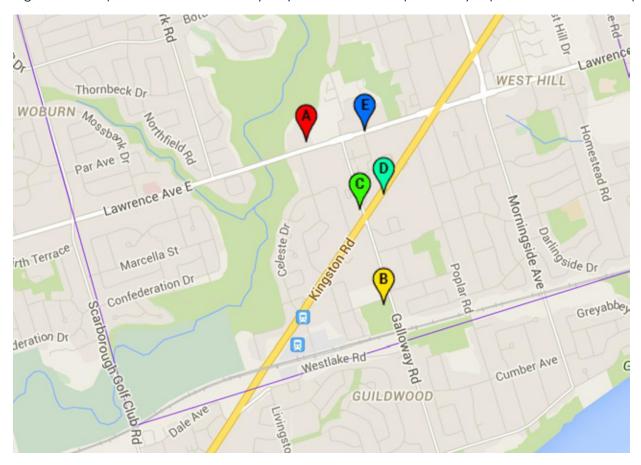
- B West Rouge Soccer Club
- C Scarborough Basketball Assocation
- D Evolution Volleyball
- E Scarborough Titans
- F Wexford Soccer Club
- G Tam Heather Curling & Tennis Club

- H Jupiter Soccer Club
- I Thomson Badminton Club
- J North Bendale Tennis Club
- K Heron Park Tennis Club
- L Mowat Badminton Club
- M Scarborough Blizzard Youth Soccer Club
- N Japan Karate Do Kenseikan Canada
- O Wexford-Agincourt Baseball Club

	Name	Location	Distance from ESS (km)	Age Group	Fees	Programs	Contact
В	West Rouge Soccer Club	Various – West Hill CI 350 Morningside Ave	6.0	All	Yes	House League & Rep Team	Mary Dileo: (416) 281-3989
0	Wexford-Agincourt Baseball Club	Various – Heron Park, McGregor Park	From Heron Park, 1.9	All	Yes	House League, SELECT Program, REP/AAA	info@wexfordbaseb all.com
Н	Jupiter Soccer Club	26 Chestermere Boulevard	2.9	6-14	Yes	Summer Skills School and Academy Soccer Program	info@jupitersoccer. com
М	Scarborough Blizzard Youth Soccer Club	1071 Midland Avenue	5.7	5-15	Yes	House League, Select Soccer, and Rep Soccer	info@blizzardsoccer .com
F	Wexford Soccer Club	70-110 Town Haven Place	6.0	All	Yes	Rep Competitive Teams & House Leagues	info@wexfordsocce r.ca
С	Scarborough Basketball Association	Various - Agincourt CI, Albert Campbell CI, David and Mary Thomson CI, Sir John. A. MacDonald, West Hill CI, Woburn	From West Hill CI, 0.9 km	4-19	Yes	House League: Select League for High School; Steve Nash Youth Basketball Program (SNYB) for Girls, SYNB Boys; Rep Teams; Elite Team (boys only)	416-551-7554
K	Heron Park Tennis Club	292 Manse Road	1.9	All	Yes	League and lessons	(416) 282-4842
I	Thomson Badminton Club	2740 Lawrence Ave. E.	5.0	18+	Yes	Match-Ups	Daniela Singer: (647) 828-0175
J	North Bendale Tennis Club	Aveline Crescent	4.0	All	Yes	Drop-in, House League, Adult and Junior Interclub Teams	Sharon Cashman: cashwomen@roger s.com
L	Mowat Badminton Club	5400 Lawrence Ave. E.	4.8	18+	Yes	Adult - Competitive	Dave Holt: (905) 509-1945 or (416) 875-8350
G	Tam Heather Curling and Tennis Club	730 Military Trail	2.4	All	Yes	House Leagues	info@tamheather.c a
Е	Scarborough Titans	Various - John McCrae Senior Public School	4.1	-	Yes	League & Drop-in	info@scarboroughti tans.ca
D	Evolution Volleyball	Various - Ultra Sports Centre, UTSC, Joseph Howe Senior Public School, Centennial Road Junior Public School	From UTSC, 2.3 km	Progra ms - 15- 17; Clinic - All	Yes	Indoor Clinic, Beach Clinic, Competitive Programming	http://www.evoluti onvolleyball.ca/co ntactus.html
N	Japan Karate Do Kenseikan Canada	2467 Eglinton Avenue East	6.2	All	Yes	Karate lessons & Grading Tests	info@kenseikancan ada.com

## **Not-for-Profit & Resident Led Activity Groups**

Grassroots community-level programming that charge no or a minimum fee. Supports other than programming (such as training, access to space, and collaboration) may be available. It is particularly important to contact the program



## Legend

**KGO Boundaries** 

A – East Scarborough Storefront

B – East Scarborough Boys and Girls Club

C – Native Child and Family Services

D – Impact'N Communities

E – Scarborough Centre for Healthy Communities

	Name	Location	Fees	Programs	Contact
A	East Scarborough Storefront	4040 Lawrence Avenue East	None	Partner facilitated – Kennedy House afterschool program, DeRoVelopment Soccer Program, Drop-in Basketball	416-208-9889 info@thestorefront.org
В	East Scarborough Boys and Girls Club	100 Galloway Road	Some; subsidies available	Various sport and rec programs for children and youth 6-21, some programs available for adults	416-281-0262 info@esbgc.org
С	Native Child and Family Services	156 Galloway Road	None	Gym program for Aboriginal youth	416-969-8510 info@nativechild.org
D	Impact'N Communities	4301 Kingston Road	None	Recreational basketball, volleyball, and weight training for youth 6-12 and 13-21	416-560-5857 impactncommunities@h otmail.com
Е	Scarborough Centre for Healthy Communities	Various locations	Some	Seniors Fitness Programs, Youth Life Skills and Afterschool Programs	416-847-4136 (seniors fitness) 416-642-9445 x 4021 (youth)

# APPENDIX D: Languages - Census tracts and rank

Census Tracts	5350359.00	5350364.01	5350358.03	5350358.02	5350357.02	5350364.02
Rank						
1	English - 4265	English - 3005	English - 3220	English - 3070	English - 2755	English - 1500
2	Tagalog - 295	Tamil - 540	Tagalog - 350	Tagalog - 225	Tamil - 340	Tagolog - 270
3	Bengali - 280	Tagalog - 335	Bengali - 180	Tamil - 225	Gujarati - 280	Tamil - 165
4	Tamil - 265	Gujarati - 175	Tamil - 160	Bengali - 105	Bengali - 165	Urdu - 95
5	Persian - 190	Urdu - 135	Urdu - 130	Spanish - 80	Persian - 160	Arabic - 55



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